

- Healthcare providers under contract with EIP will be contacted to confirm a date.
- You will be sent a confirmation letter and a screening implementation kit. The kit will include posters, appointment sheets, participant information forms, a copy of the Screening Education Guide and the Worksite Screening Registration Form.
- You will then collect checks for the \$15 copayment from participating employees and schedule their appointment times.
- One week prior to your screening, you will fax your completed participant information forms and appointment sheet to both Prevention Partners and your screening provider.
- Within two weeks of your screening, participants will receive their individual, confidential, sealed results.

Be a part of this great opportunity to benefit your employees and your organization. For more information, call Prevention Partners at 803-737-3820 or visit our Web site at [www.eip.sc.gov](http://www.eip.sc.gov) (click on "Prevention Partners" and go to "Early Detection").



## Regional Screenings

For our smaller worksites, Prevention Partners offers Regional Screenings moving to a new area of the state each month.

### 2005 Regional Health Screening Schedule

**January 20** - Greenville

**February 24** - Charleston

**March** - Aiken (date to be announced)

**April 13-14** - Columbia

**May 12** - Spartanburg

**June 9** - Greenville

**June 23** - Hampton

**July 14** - Florence

**August 17-18** - Greenwood

**September 14-15** - Columbia

**October 13** - Rock Hill

**November 3** - Beaufort

**November 17** - Darlington

**December 14** - Anderson

Regional Screening registration forms are available approximately four weeks prior to a screening and can be obtained from our website, [www.eip.sc.gov](http://www.eip.sc.gov) (click on "Prevention Partners" and go to "Early Detection").

# *PREVENTION PARTNERS*

## PREVENTIVE WORKSITE SCREENINGS

- ✓ Health Risk Appraisal
- ✓ Lipid Profile
- ✓ Chemistry Profile
- ✓ Hemogram
- ✓ Blood Pressure
- ✓ Height & Weight

all for  
**\$15**

**T**he Employee Insurance Program (EIP) is pleased to provide our popular Preventive Worksite Screening Program to state employees and state retirees whose primary insurance coverage is one of the following plans:

- State Health Plan (Standard Plan)
- State Health Plan (Savings Plan)
- Companion
- CIGNA
- MUSC Options

**\*Medicare enrollees are not eligible\***

The screening, a \$200 value in most healthcare settings, is available to you at a minimal cost – just a \$15 co-payment. Your insurance pays the rest! Within two weeks of a screening, you will receive your personal health profile, highlighting any values outside the normal range. You can even send this report to your physician or take a copy with you on your next doctor's office visit, which may save you money and keep you from duplicating tests.

The Preventive Worksite Screening includes the following components:

### **Health Risk Appraisal**

This screening provides a complete wellness profile of each participant. All participants receive an analysis of their specific health risk factors with recommendations on improving their health status.



### **Lipid profile, including:**

- Total cholesterol
- Low density lipoproteins (LDL)—LDL is a risk factor for heart disease. It can clog arteries and prevent oxygen-rich blood from flowing to your heart.
- High density lipoproteins (HDL)—HDL helps move the LDL (the “bad” cholesterol) away from your arteries and prevents buildup of fats on arterial walls.
- Triglycerides—A contributor to the hardening of the arteries and, ultimately, heart disease, elevated triglyceride values can also be an indicator of diabetes.

### **Chemistry profile including:**

- Blood Urea Nitrogen (BUN) and creatinine—These tests help measure and assess kidney function.
- Glucose—This test measures blood sugar level. New diabetes guidelines have lowered the level of glucose that defines the disease to 126 mg./dl.
- Electrolytes—This test measures Sodium, Potassium, Chloride and Bicarbonate. These four elements control the body's pH (acid/base) balance.

### **Hemogram, including:**

- Red and white blood cells—White blood cells are the body's primary defense against illness. Red blood cells carry oxygen from the lungs to organs and tissues. These tests measure the level of both.

- Hemoglobin—This compound is involved in transporting oxygen from the lungs to organs and tissues. It gives red blood cells their color.

- Hematocrit—This test examines the amount of red blood cells per total volume of blood.

### **Blood Pressure:**

High blood pressure is a risk factor for heart disease.

### **Height and weight:**

Staying at the ideal weight contributes to reducing the risk of chronic disease.



To hold a screening right at your worksite, all we require is a minimum of 15 participants. Anyone can request a screening (benefits administrators, teachers, administrative assistants, etc.). Below are the procedures for conducting a screening at your worksite.

- To request a screening, fax a screening request form to Prevention Partners at least six weeks prior to your proposed screening dates. A screening request form is available on our Web site at [www.eip.sc.gov](http://www.eip.sc.gov) (click on “Prevention Partners” and go to “Early Detection”).